



TOWER

Newsletter of Central United Church of Christ

August 2018

Volume 72, No. 5

FROM THE COUNCIL PRESIDENT

This summer has been a busy time for Central United Church of Christ and there are several things that I want to highlight and make sure we are communicating to the entire congregation.

Probably the highlight for July was the Vacation Bible School program. About 20 children attended our VBS the week of July 9-13. They completed the program with music during the July 15 church service and then a full program in the gymnasium following the church service. We had a great group of high school students who helped with VBS, along with a handful or more adults, several for the first time. Everyone involved indicated they had a great time.

Two very important congregation activities were held in June and July. The first was a Conflict workshop that was held on June 16. Rev. Lee Albertson helped us understand the conflict that often occurs within churches and the five phases of conflict. We then conducted a SWOT analysis where we listed some of the Strengths, Weaknesses, Opportunities, and Threats for CUCC. Forty-six members attended the workshop and we had a very nice luncheon. This workshop was intended to help with the healing process after our church had been through some difficult and challenging few months. Minutes from this workshop are attached to the July Council meeting minutes so everyone can see them if you like.

After the VBS program on July 15, we also enjoyed a pot-luck luncheon and then held the first of what we are tentatively calling "Listening Sessions." These sessions are intended to be another communication tool where the Council members can be very transparent in discussing the things being worked on at our church. Most of this first session was taken up by reviewing every single comment or issue that was submitted on the survey forms for the Conflict workshop that was held in June. Many of the issues that were brought up have either already been resolved or are actively being worked on. Improved communications came up many times and we are working very hard at this. One of the biggest issues that was brought up in the last several months by members was the lack of pastoral care being provided to our homebound and elderly members, especially communion services. In the last few months we have trained 10 members how to provide communion services and on July 1, after having the pulpit supply minister bless the wine and bread, they went out and provided communion to a handful of homebound members. For several of these folks, this was the first time in several years that they had someone from CUCC administer communion to them, and they were very appreciative.

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While attendance at this first listening session in the middle of July was not very high, maybe 30 people, the council felt that it is something we should continue to do and try to build on. We will try to keep future sessions shorter, maybe 30 minutes, and do them immediately following the church service to make it more convenient for folks. gain, the intent is to open up communications more between the church council and the congregation. Please try to attend a future session and let your voice be heard. The Council truly wants to serve the congregation.

Reverend Judy Scott has agreed to be our pulpit supply minister for at least the next several months to help provide some stability for our church. She travels to us from over by Kansas City and I really appreciate her willingness to help us.

All of our 8 ministries have been very active. We have added members to each ministry so they are not one person acting alone and are having great discussions on all of our efforts. Alan Bagnull and Allen Schmutzler are doing some good work with our web page and technical communications tools; however, this is the one ministry that we are still looking for someone to lead. As mentioned several times, communications is one of our biggest focus areas and we could really use the help of a good communicator to run this ministry.

We have not officially started the Search and Call process to pursue a new minister yet. I have received just a couple of volunteers thus far. We are looking for 5-10 members to participate on the Search and Call Committee. The Council is asking for nominations. If you think someone would be good in this process, please discuss with them first, and if they agree, submit their name to a Council member for consideration. We expect to start this process in the next month or so. The congregation will be heavily involved in this process as we first define who we are as a church and then move into the recruiting and selection of a new minister.

Before closing, this month I want to provide a special thank you and recognition to our organist, Shirley Klein. Everyone knows what a talented organist and person Shirley is, and how blessed we are as a church to have her with us. With the change in ministers, Shirley has done an awesome job of working with the supply ministers to put together and conduct our church services. I truly appreciate her selections of music each week and how wonderful she has been during this time of transition. And not to forget, the seamless job she does in the church office. Thank you so much Shirley.

God Bless our Church,
Warren Witt
Council President

SUNDAY MORNING SUPPLY PASTOR



Central United Church of Christ has been blessed to have the Rev. Dr. Judith Scott filling in as our Supply Pastor on Sunday mornings this Summer and for the next several months. Rev. Scott seeks ways to proclaim through the visual arts, music and the spoken word. A retired ordained minister, she holds three masters' degrees, two doctorates, and has been a widely-exhibited professional artist throughout adult life. Currently she plays with the Warrensburg Recorder Consort and is preparing for a 3-person show at the Underground Gallery in Kansas City in May, 2019. Married to her husband of 57 years, Robert "Bob" Scott, she has five children and numerous grandchildren and great-grandchildren.

We are also grateful for other pastors who have lead worship and preached for us during May and June.

FAITH IN ACTION

MONTHLY BENEVOLENCE ENVELOPE FOR AUGUST

Salvation Army/ Salvation Army Meal

Most of us know of the fine and essential work that the Salvation Army does. It's been helping people in need year-in and year-out. The Thanksgiving meals the agency provides may come to mind. Maybe it's the shelter from the extreme heat or the extreme cold that we think of first.

This special ministry is there to serve those in need when they're homeless, when they're jobless, and when they're hungry. Unfortunately, the need is great and the Salvation Army needs our help through contributions and services so it can serve the community.

Perhaps you've been among the volunteers providing meals once a month to the Salvation Army from Central Church, or contributing to the fund for these meals. Another effective way of helping is through this month's blue benevolence envelope.

The Jefferson City-area Salvation Army has a proud record of service that's the envy of many chapters. That all goes back to the community support for this fine organization. Your donation will help this well-run, caring agency continue to serve neighbors who need a helping hand.

CHURCH WORLD SERVICE BLANKET DRIVE REPORT

Central UCC had another successful year during our annual Blanket Drive for Church World Service. We collected \$2,310 for 2018 which surpassed our annual goal of \$2,000! The Mission and Outreach Ministry would like to thank all who participated by giving towards this worthy cause.

FESTIVAL OF SHARING FEATURED KIT: Missouri Family Food Boxes

The Mission and Outreach Ministry will be collecting items for the Missouri Family Food Boxes during August. Please place your items in our box in the narthex. *Donated items must be exactly as shown below:*

- 3 different cans of vegetables 14.5 oz.
- 3 cans tuna 5 oz.
- 3 pkgs. macaroni & cheese
- 3 different cans of fruit 14.5 oz.
- 1 can pasta sauce
- 1 jar peanut butter
- 3 cans chicken 12.5 oz.
- 1 lb. pasta

OUTREACH SUMMER LUNCH PROGRAM

The 2018 Outreach Summer Lunch Program, being coordinated by Second Christian Church, will continue providing sack lunches for children ages 17 and under through August 15. Donations may be placed in a basket in the narthex (NO nuts please).

Donation suggestions:

- pudding cups
- Jell-O cups
- fruit cups
- fruit snacks
- cupcakes
- brownies
- cookies
- potato chips/other chips
- juices
- Kool-Aid packets
- bottled waters

OUR SHARED LIFE

THANK YOU

Central UCC Women's American Cancer Society Relay for Life team met our goal to raise over \$5,000. A big thank you to everyone who helped get to the goal! We could not have done this without all who supported us. Thank you Central Church!

Also, a big shout out to Mary Ann Wippermann who was honored at Relay for her fundraising by American Cancer Society. Once again, she is a member of the Grand Club, bringing in well over \$1,000 for our team!

Thank you so much for your monetary gift to the Summer Outreach Lunch Program. It will be put to good use to get things we need for the children.

Second Christian Church
Summer Outreach Lunch Program

Thank you to everyone who supported Mission and Outreach Ministry with monetary donations and items for the Annual Samaritan Center Auction basket. Our basket went for \$250 for the final bid! We were the second highest earning basket among the area churches!

Susan Poettgen, Chair
Mission & Outreach Ministry



90+ BIRTHDAYS

Lydia Tyler (8/05)

6916 N Overland Drive
Kansas City, MO 64151

Mary Lou Emmel (8/27)

Valley Park Retirement Living
355 Karen Drive
Holts Summit, MO 65043

Gladys Gladden (8/28)

408 Crest Drive
Jefferson City, MO 65109

PRIME TIME CLUB

The Prime Time Club will gather on Tuesday, August 28, at 11:30 a.m. for their August meeting and noon carry-in luncheon. The speaker will be Jackie Barron from Capitol Region Medical Center. She will be telling us about arthritis and the joint replacement program. Please come and join us!

PASTORAL CARE

Rev. Stoneburner has agreed to fill-in for emergency pastoral care. If you have a need for pastoral care, please call the church office at 635-1041, and they will be in contact with Rev. Stoneburner.



Don't forget to take pictures at church activities and events. Please share your pictures by emailing them to the church office so they can be used on Facebook, the church's website, and monthly "Tower" issues. Thanks!



VACATION BIBLE SCHOOL

We reached 20 different kids through the week on our High Seas Expedition. What a great group of kids! We had an abundance of seven youth helpers this year to complement our adults, and everyone was awesome. We had some new helpers, people were willing to step outside their comfort zones and try something new, and volunteers are already committing for next year. I hope you were able to come for our closing program where the kids there could share some of what they learned through the week.

Thank you to those who helped with Bible School. That help comes in many forms ... sharing your week with us to help kids know God, set-up, answering last-minute calls for help, closing program, prep, and taking down our sets. We had a pretty big set this year, and the extra help putting things away made it go quickly. Thank you!

YOUNG YOUTH ACTIVITIES

Kindergarten through 5th graders — church is the place to be on Wednesdays after school for food and fun, faith and fellowship. **We will start back up on August 22.** Supervision starts at 3:45 and we end at 6:00. In-between we have fun with friends, share a 20-30 minute Bible lesson or faith-building activity, and share dinner together.

If you need help with transportation, let Rene know and we will see what we can do to get you a ride. We want to see you there! And we always have room for a few more, so fill your car with friends and bring them along. We have five from last year who have moved on to 6th grade, and I know you join me in wishing them well in middle school. As we each grow and journey through life, my wish is that we remember the foundation that we've helped build during our time together.

Rene Miserez, Young Youth Director
573-694-6022 bellsic@aol.com

CAMP AURORA

Dear Friends and Supporters of Camp Aurora,

Camp Aurora was purchased by Central UCC of Jefferson City, First Congregational UCC of Lebanon, and St. Peter's UCC of Kansas City from the Missouri Conference on November 16, 1988. In addition to these three churches, other churches have been involved with Camp Aurora. St. John's UCC of Springfield and many other UCC churches have been providing countless hours of labor, summer camps' staff members/volunteers, and time. When St. Peter's UCC closed their doors a couple years ago, they gave a very generous donation to Camp Aurora.

Now it's time to celebrate 30 years of success and determination to keep Camp Aurora open and going strong! On Saturday, September 1, at Camp Aurora, we will have a variety of activities beginning at 10:00 a.m. through 4:00 p.m. A catered/grilled lunch provided by the Camp Aurora's current Board of Directors and the Planning Committee will be served from 11:00 a.m. until 1:00 p.m. We hope to have a photographer take group pictures from 1:00 — 2:00 p.m. A singing time of our favorite camp songs will be held from 2:00 — 3:00 p.m. We need guitar players to accompany the singing, so please let us know if you can help. Finally, to end our day of celebration, a dedication ceremony will be led by Brenda Hofstetter at the Vesper's Point at 3:00 p.m. Please bring any pictures and memories of Camp Aurora to share. We would love to see and hear all about your experiences at Camp Aurora. Please register online for the attendance and/or t-shirt order at: <https://campauroa.org/camp-reunion-2018/>.

We hope you can join us on September 1st. If you can not attend, you can still order the t-shirt online. We have extended the deadline to August 15. If you wish, you can give us your mailing address and we will be happy to mail the t-shirt to your home.

We look forward to seeing you as we celebrate 30 years of wonderful camping experiences and memories at Camp Aurora.

Sincerely,

The Planning Committee

Brenda Hofstetter
Angie Hulseay
Patti Schmutzler
Kathy Sheridan



CUCC CHOIR

11 Amazing Benefits of Singing You May Not Know (or eleven good reasons to join the CUCC choir)

In case you thought we were only preparing a beautiful anthem for Sunday's service during our rehearsals on Wednesday nights (7:00-8:30pm), we are also busy improving our health and outlook on life generally! Consider for example that:

- 1. Singing releases endorphins and oxytocin.** Singing can take your mind off the day's troubles to boost your mood.
- 2. Singing improves mental alertness.** Improved blood circulation and an oxygenated blood stream allow more oxygen to reach the brain. This improves mental alertness, concentration, and memory.
- 3. Singing leads to a longer life.** A joint Yale and Harvard study showed that for some, choral singing promoted healthy minds and hearts, which increased life expectancy.
- 4. Singing lowers your blood pressure.** There have been several case studies revealing that singing can decrease blood pressure due to its calming and relaxing effect.
- 5. Singing is a workout.** Singing from the diaphragm can strengthen your abdomen and back muscles, exercise your facial muscles, cause you to naturally sit or stand up straighter, and also improve your lung capacity which helps you to breathe a little easier.
- 6. Singing can widen your circle of friends.** One of the unexpected health benefits of singing is that it can improve your social life. The bonds you form singing with others can be profound.
- 7. Singing boosts your confidence.** Stage fright is common for new singers; however, performing well and receiving praise from friends and family may be the key to eventually overcoming your fears and boosting self-confidence.
- 8. Singing brings people together and creates a sense of community.** Some studies showed that singing in a choir decreased depression in many adults.
- 9. Singing can help patients of Parkinson's disease.** Numerous studies have shown how singing can increase the health of some patients suffering from Parkinson's disease, which can improve vocal and swallowing control, and help patients regain their balance.
- 10. Singing broadens communication skills.** According to an article in The Guardian, singing to babies helps prepare their brains for language which can help prevent language problems later in life.
- 11. Singing can boost your immunity.** Because singing can lower your blood pressure, cause you to have lower cortisol levels, and decrease your stress and anxiety, it can certainly have a positive effect on your immune system.

Wow! I've adapted the above from various sources online, but I notice they have missed one of the most important

reasons to sing with our choir: *It is fun!* It truly is common ground for all as we simply try to "figure it out" with each new musical challenge. Just ask anyone in the choir. And please consider auditioning us(!) by coming to just one rehearsal. **We'll begin again on Wednesday August 22nd, 7:00-8:30 in the choir room.**

Patrick Clark,
Music Director

COUNCIL HIGHLIGHTS June 21, 2018

- Church Council has decided to continue use of Pulpit Ministers at this time. Rev. Judy Scott has agreed to serve for at least the next several months.
- Council is seeking members to fill 2 open positions on the Council which are Communications and President-Elect. If you are interested in either of these positions, please contact a Council member.
- Human Resources committee is currently updating the Safe Church policy and Building Use policy. If you are wishing to use the church facility for a future function, please check with Michelle, our church secretary. She has this information available.
- Worship Committee is currently seeking ushers to assist with offering and other duties. If you are interested in helping usher (does not have to be a weekly/monthly commitment), please see Mary Ann Wippermann.
- Salvation Army Meals – individuals/couples/groups are needed to serve Salvation Army meals for the months of September, October and December. Please see Susan Poettgen for more information.
- Updates to our CUCC webpage have been occurring. Check it out at www.centralucc.com. If you wish to see a change or would like something added, please contact Alan Bagnall.
- The Church Council is proud to announce the Southside Philharmonic will continue to use CUCC for rehearsals and concerts.
- The Church Council cannot express enough how important communication between members and the Church Council is not only during this transitional period but at all times. Please feel free to attend council meetings which are held the third Thursday of each month in the library or contact a council member. We value and appreciate your input.

Respectfully submitted,
Freda Maness
Council Secretary

RALLY DAY

August 19

Save the date for Rally Day on August 19th! There will be a short worship service at the church lead by David Kohler. During that service, Sunday School helpers will be recognized as well as Bibles being handed out to the school-aged children (2nd grade — 6th grade). Immediately following the service at Central Church, we'll caravan out to Sander's Farm for a continuance of our Sunday worship service, have lunch, and participate in outdoor activities. Faith Formation will host the event and provide hamburgers, hot dogs, buns, drinks, and fixings for s'mores. If you would like to donate something, baked beans and chips go wonderful with a BBQ or a veggie tray.

Join us in the start of a NEW YEAR by welcoming our school-aged children and Sunday School helpers. If you have any questions or would like to donate, please contact Amber Gonzales at (573) 644-2759, Patti Schmutzler (573) 395-4565, or email cucc.faith@gmail.com. *Please note, we will caravan out to Sander's Farm after a short service at Central Church, so please wear casual clothes.*

For those who would like an approximate time schedule:

8:30 — 9:30	Adult Sunday School
9:00 — 10:00	Coffee Hour
10:00 — 10:30	Worship Service at Central Church
10:30 — 11:00	Caravan to Sander's Farm
11:00 — 11:30	Continuation of our Worship Service
12:00 —	Lunch and Outdoor Activities

OKTOBERFEST

Oktoberfest German Dinner is back at Central UCC on Friday, September 28! Faye Rinaldi and Mary Ann Wippermann are in charge along with help from: Freda Maness, our dessert lady; the Elenor Circle; and many other volunteers. The menu will consist of roast beef, German potato salad, coleslaw, green beans, applesauce, bread, pie, iced tea, lemonade, and coffee. The children's menu is hot dogs, chips, and other sides.

We are needing volunteers (men and women) to help with all aspects of the meal ranging from decorating tables (we have the decorations); fixing the German potato salad (will be done on Thursday, the 27th) and other food items (the roast beef will be prepared by an outside vendor); donating pies; cutting/packaging the pies; selling dinner tickets; serving the food/beverages; busing tables; valet parking; and clean up.

Serving time will be from 4:30 p.m. to 7:00 p.m. in the church gym. Cost is \$12 per adult (all you can eat) and \$5 per child under age 10.

A volunteer sign-up sheet is included with this article. Completed sheets can be placed in the offering plate on Sunday mornings, turned in or mailed to the church office by September 9. For more information, please contact Faye Rinaldi at 573-619-3339 or fayerinaldif@yahoo.com, or Mary Ann Wippermann at 573-636-3685 or mlwipper@embarqmail.com. **Please consider volunteering as many hands make for light work.**



OKTOBERFEST GERMAN DINNER VOLUNTEER SIGN-UP SHEET

_____ I can help with making the German potato salad on Thursday

_____ 9:00 a.m. to 12 noon _____ 1:00 to 4:00 p.m.

_____ I can help decorate the tables on Thursday starting at 9 a.m. until completed

_____ I can help with preparing the other food on Friday

_____ 1:00 to 3:00 p.m. _____ 3:00 to 5:00 p.m. _____ 5:00 to 7:00 p.m.

_____ I can help with cutting/packaging/replenishing the pies on Friday

_____ 1:00 to 3:00 p.m. _____ 3:00 to 5:00 p.m. _____ 5:00 to 7:00 p.m.

_____ I can work outside helping with valet parking and related things

_____ 3:30 to 5:00 p.m. _____ 5:00 p.m. to 7:00 p.m.

_____ I can help at the ticket sales table

_____ 4:00 to 5:30 p.m. _____ 5:30 p.m. to 7:00 p.m.

_____ I can help with serving the meal

_____ 4:00 to 5:30 p.m. _____ 5:30 to 7:00 p.m.

_____ I can help with busing tables and trash removal

_____ 4:00 to 5:30 p.m. _____ 5:30 to 7:00 p.m.

_____ I can help with clean-up starting at 6:30 p.m. until completed

_____ I can bring pies _____ number of pies bringing

No cream pies; pumpkin and pecan pies must be purchased from a store bakery, not home made or baked from frozen (*pursuant to the city's Regulations for Temporary Food Services*)

Bring your pies to the church gym on Friday between 9:00 a.m. — 2:00 p.m.

***** Cash donations for purchasing pies will be accepted and can be given to Freda Maness, Mary Ann Wippermann, or Faye Rinaldi.

NAME _____

PHONE _____ E-MAIL _____

PLEASE TURN IN COMPLETED SIGN-UP SHEET BY SEPTEMBER 9

AUGUST VOLUNTEER SCHEDULE

WORSHIP USHERS

2018 Team Schedule:

January & July —

February & August — Mary Ann Wippermann

March & September —

April & October — Carl Ernst

May & November — Monty Schmutzler

June & December — Russell Rottmann

August:

Mary Ann Wippermann — Team Captain

Marian Eskijian

Gina Freeman

Freda Maness

Rene Miserez

Norma Rice

COMMUNION PREPARATION

Sunday, Aug. 5 — Susan Poettgen & Gwen Vieth

SALVATION ARMY MEAL

Thursday, Aug. 9 — Rene Miserez

MEALS ON WHEELS

Wednesday, Aug. 15 — Brotherhood

COUNCIL HIGHLIGHTS July 19, 2018

Building/Grounds Ministry- David Kohler is compiling a list of projects. If there are any building/grounds projects you would like to see addressed, please visit with David.

Prospective Projects: re-sealing and striping the parking lot by the gym; stripping and waxing the youth room floor and the gym floor; repair the chipped floor in the kitchen.

Congregational Life Ministry – Faye Rinaldi and other members are taking communion to our shut-ins. If you know of someone who would like to be included please speak with Faye.

Faith Formation Ministry – Vacation Bible School was attended by 20 children, plus or minus one or two. Rene is very grateful to all members who volunteered to help and to the middle school children that helped in so many ways.

The idea of starting a youth group for grades 6-9 is being considered. If you know of someone interested, please have them contact Rene Miserez.

Rally Day will be held August 19. More details will follow in the church bulletin and/or church announcements.

Search and Call Committee – Warren Witt and council members are seeking individuals interested in serving on this committee. This is a very important time in the life of our church and we need dedicated individuals who can help make good decisions regarding the future of our church. If you are interested please speak with Warren Witt or other council members.

Next council meeting will be held on Thursday, August 16 at 7:00 p.m. in the church library.

Respectfully submitted,
Freda Maness
Council Secretary

“TOWER” DEADLINE

Please note: The deadline for the September “Tower” issue will be Wednesday, August 15. Please make sure to email your articles to the office in a timely manner. Thanks!

August 2018

Sum	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:00am Quilting 4:00pm Youth Open Gym	2	6 4:00pm Youth Open Gym	4
5 8:30am Adult Sunday School 9:00am Coffee Hour 10:00am Worship Service 10:15am Children's SS 11:00am Youth Open Gym	6	7	8 9:00am Quilting 9:00am CUCG Family Time (Perkins)	9 5:00pm Salvation Army Meal	10	11
12 8:30am Adult Sunday School 9:00am Coffee Hour 10:00am Worship Service 10:15am Children's SS 11:00am Youth Open Gym	13	14 6:00pm Mission & Outreach Ministry	15 9:00am Quilting 4:00pm Youth Open Gym	16 6:00pm Faith Formation Ministry 7:00pm Council Meeting	17 4:00pm Youth Open Gym	18
RALLY DAY 19 8:30am Adult Sunday School 9:00am Coffee Hour 10:00am Worship at Central 10:30am Caravan to Sanders Farm 11:00am Continued Worship at Sanders Farm 12:00pm Lunch/Activities at Sanders Farm	20	21 1:00pm Elenor Circle	22 9:00am Quilting 10:00am Meals On Wheels 3:45pm Young Youth 6:15pm Bell Choir 7:00pm St. Choir	23	24	25
26 8:30am Adult Sunday School 9:00am Coffee Hour 10:00am Worship Service 10:15am Children's SS 11:00am Youth Open Gym	27 11:30am Prime Time Club	28	29 9:00am Quilting 3:45pm Young Youth 6:15pm Bell Choir 7:00pm St. Choir	30	31	



CENTRAL
 United Church of Christ
 GROW FAITH • SHARE LOVE • REACH OUT

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RETURN SERVICE REQUESTED

OUR MISSION

To be a Christ-centered community of faithful disciples
 who are called to grow in faith, and share God's love
 as we reach out to each other,
 to our community, and to our world.

CENTRAL UNITED CHURCH OF CHRIST
 118 W. Ashley Street
 Jefferson City, MO 65101

Ministers..... Every Member
 Director of Music..... Dr. Patrick Clark
 Young Youth Director Rene Miserez
 Organist Shirley Klein
 Bell Choir Director Rene Miserez

SUNDAY MORNING SCHEDULE:

8:30am Adult Sunday School
 9:00am Coffee Hour
 10:00am Worship Service
 10:15am Children's Sunday School

Phone: (573) 635-1041
 E-mail: office@centralucc.com
 Website: www.centralucc.com